

AQA NEWS LINK

The Official Newsletter of AQA Victoria Ltd., & AQA Tasmania

JULY 2006



Microlighting's New Hero

World's First Quadriplegic Pilot

Free Inclinator Stair Climber

To a good home (See Page 11)



News Link Delivery

Did you know that many of our members now receive News Link via email? Emailing News Link in PDF format to members cuts our costs considerably and you can view the publication in colour. If you have email facilities and are happy to receive the newsletter via email rather than mail, please let us know. If you have any queries or would like to change your mailing arrangements, please contact us on (03) 9489 0777 or info@aqavic.org.au.



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A.Q.A. NEWS LINK is the official newsletter of A.Q.A. Victoria Limited, and is published bimonthly. NEWS LINK seeks to publish material of interest to people with physical disabilities and their families, professional workers and other individuals and organisations concerned with the welfare of those who are physically disabled.

A.Q.A. Victoria Limited always welcomes articles for News Link. Please feel free to send in your contribution. Articles will be published at the discretion of the Editor who also has the right to edit all submissions as it sees fit.

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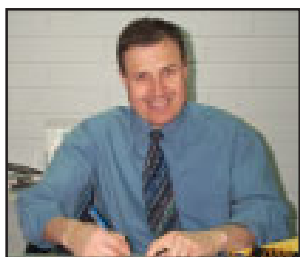
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From the CEO

Following the resignation of Dr. Meredith Wallace from our Board of Directors, I am pleased to advise that Tanya Clarke has accepted the position of Chairperson for the rest of the year.



Tanya has been a Director of AQA since 2002 and has taken an active role in supporting our Information/Peer Support Department in their sub-committee meetings. I would also like to welcome Jaqueline Wilson and Stephen Huybens who have been recruited onto the Board and will be nominated for election at the AGM this year.

There is steady progress being made on objectives identified in our Strategic Plan. The Board have formed sub-committees with management and staff to undertake the objectives and the Convenors of the sub-committees are:

- Information/Peer Support - Tanya Clarke and Kevin Bailey
- AQA Qualcare - Wendy Lundgaard
- Funding Capabilities - Stephen Huybens
- Succession Strategy - Jaqueline Wilson
- Job Enrichment Program - Wendy Lundgaard
- Advocacy for Access - Ivan Peterson

For more information about the objectives of the Strategic Plan it can be viewed on our web site at www.aqavic.org.au.

I would like to join Simon our Editor in congratulating Dave Jacka on his endeavours. His story is one of determination and perseverance. To take up microlighting for an able-bodied person takes courage, for a quadriplegic it takes super courage. It's a wonderful achievement and an inspiration to everyone. I'm sure our readers will enjoy Dave's story very much. Well done Dave!

Ian Bennett
Chief Executive Officer
ianbennett@aqavic.org.au

From the Editor

G'day Member's,

This issue of News Link brings you one of the most inspiring stories yet. It is an article written by Stephen Ruffels on how he helped member Dave Jacka achieve his ultimate dream of



flying solo and in doing so became the world's first ever Quadriplegic Pilot. This article is a must read and can be found on pages 12 & 13.

On page 14 Alan Stevenson lets us in on what motivated him to enter into Targa Tasmania 2006 and what he personally achieved from this great feat. It is also an update to last issues Targa Tasmania article.

Dr George Owen, President of Spinal Cord Society, has written a report which is published on page 11 regarding the latest news on spinal research.

AQA Victoria is selling some great clothing for fundraising with half of the takings going to Spinal Research and the other half helping fund the Info/Peer Support department. You can give us a call or check out what we have on offer at www.aqavic.org.au/clothing.html.

Simon Damevski
News Link Editor
simondamevski@aqavic.org.au

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Introducing the Newest and Latest Design for Wheelchair Push Mitts

Increased Pushing Power
Increased Breaking Power
Decreased Wear & Tear on your hands
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Ph/Fax: (03) 9705 2149
Mobile: 0411 201 125

Access Solutions National Pty. Ltd.



Flying with wheelchair clarification

By Human Rights and Acting Disability Discrimination Commissioner Mr Graeme Innes

Disability Access Standards and Airlines

The Human Rights and Equal Opportunity Commission has received several media requests for comment on Virgin Blue's proposed Carer policy. The Commission is not able to make detailed comments about the policy because it may be subject to complaints to the Commission.

However, the following background information is supplied on federal standards for disability access to public transport as they relate to airlines.

Boarding

The Disability Standards for Accessible Public Transport recognise (clause 3.3) that because of design restrictions in aircraft, people may not be able to enter using their own wheelchairs and similar mobility aids. (Note: the Standards, made under the Disability Discrimination Act, came into force in 2002)

The standards, however, require that the operator of the conveyance must ensure equivalent access by direct assistance to passengers (except for small aircraft where even this may not be possible or safe) - but only if it can reasonably be provided without causing the transport operator "unjustifiable hardship".

If an airline requires a passenger who can freely move with his or her wheelchair to transfer from that chair to an airline one that does not give independent mobility, the airline would have to provide direct assistance unless it would cause the airline unjustifiable hardship.

Although the Commission has previously accepted arguments from small carriers or those with no cabin crew that assistance on board aircraft would impose unjustifiable hardship, there has been no such decision under the Disability Discrimination Act involving larger airlines or assistance within terminals.

An airline might argue that they should be exempt from the standards on safety grounds but such a claim would need to be carefully considered including thorough consultation with the public and with other relevant regulatory bodies.

Virgin Blue Policy Change a First Step

The Human Rights and Equal Opportunity Commission has advised that, following successful discussions with

Virgin Blue, the airline has amended its policy requiring people with mobility disabilities to travel with a carer.

The airline's policy stated that its staff will not be able to help passengers needing assistance in getting to and from the toilet, and that they would require disabled passengers, in some circumstances, where they did not have a carer travelling with them, to arrange for their own "assistance person" at departure/arrival points to help them on and off the aircraft. They have now amended their policy to limit its effect to passengers weighing over 130 kilograms.

Graeme Innes, the Human Rights Commissioner for Disability Discrimination, welcomed the change as the previous policy would have had a significant impact upon the ability of people with mobility disabilities to travel independently. He said that, while this decision does not alter Virgin Blue's policies requiring certain passengers with disabilities to travel with a carer, a matter that remains of concern, this is an important step in resolving some of the issues that have been raised publicly. More information: www.hreoc.gov.au.

Office for Disability to be Established

The state government has announced plans to set up a new Office for Disability. The Minister for Community Services, Sherryl Garbutt, said the new office would promote change across State Government Departments to make public services, infrastructure and programs more accessible to all Victorians with a disability.

"Currently, the Disability Services Division of the Department of Human Services focuses on providing specialist disability programs which meet the needs of the 10 per cent of people who have more significant disabilities and need these services," Ms Garbutt said. "However, the other 90 per cent of people with disabilities are mainly living in the community and are more concerned about improving access to buildings, housing, transport, education, jobs, health and other services. The new Office will tackle these important issues, working with other government departments to ensure access is front and centre on the agenda right across government".

The Office for Disability will be located in the Department for Victorian Communities and report to the Minister for Community Services. It will be funded using existing resources from the Department of Human Services. Ms Garbutt said the Office would assist state government departments implement Disability Action Plans, which all departments are required to have.

Read the full media release at the Department for Victorian Communities (DVC) website www.dvc.vic.gov.au.



New Report Reveals Cost of Caring

The National Centre for Social and Economic Modeling (NATSEM) report, 'The cost of caring in Australia 2002 to 2005 - Who cares?', looks at the numbers of people involved in caring for family members across the country and the cost to them.

The report finds that about 2.6 million people - one in every seven Australians provides informal care services to people with disabilities and the frail aged. Of these, just under half a million are primary carers, who bear the main care responsibilities for profoundly or severely disabled persons. These people are on average, about \$5,600 worse off than their peers who do not share similar carer responsibilities.

The financial cost is not the only burden that carers face - over half (59 per cent) of all carers suffered a decline in physical health, while two-thirds of carers felt their mental and emotional health had been affected by providing care.

Download a copy of The AMP.NATSEM report on the cost of caring in Australia on our website at www.aqavic.org.au/pdf/2005_carers_report.pdf.

The 'EZEN' Daily Hygiene Sensation

The Ezen electronic bidet douche seat, designed and used in Korea is suitable for Australia, offering a modern style, multi-function, innovative technology, which is easy to use and install onto existing toilet suites without expensive modifications. Replaces old toilet seat with stronger warmed seat. Available with or without remote control. Ideal for people with restricted mobility, multi-function selections (wash & dry etc.) at the touch of a button, allows for independence and privacy. Remote control model allows carer and user personal dignity whilst ensuring hygiene needs are met.

Garhold Pty Ltd proudly distributes Ezen products throughout Australia and New Zealand.

For further inquiries please contact us at:

Garhold Pty Ltd.

Mobile: 0418 548 310

Email: gjmclellan@netspace.net.au



WHEELIES' REST

Dawn and John King are delighted to advise that Wheelies' Rest has been purchased by Muscular Dystrophy Australia (MDA). MDA took over operations from July 1st 2006. **There is no change to the properties availability and/or booking inquiries.**

Their contact details (email, website, phone) will remain the same but the street address has changed to 172 Smiths Beach Rd. Please see current details below;

Wheelies Rest

172 Smiths Beach Rd - (Previously 12 Smiths Beach Rd), Phillip Island

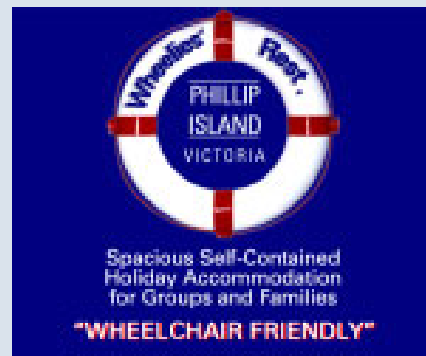
Email: wheeliesrest@bigpond.com

Website: www.users.bigpond.com/wheeliesrest

Tel: (03) 5952 1744

Fax: (03) 5952 1766

Mob: 0418 376 358



'APARTMENT FOR 2' (next door to Wheelies' Rest)

The wheelchair friendly apartment for 2 people (attached to their home) is to be **retained by Dawn and John** and will now be known as 'AXCESS FOR TWO - Self Contained Holiday Accommodation'.

170 Smiths Beach Rd (Previously 10 Smiths Beach Rd), Phillip Island

Contact Dawn or John;

Email: janddking@bigpond.com

Tel: (03) 59522772

Mob: 0431 474 049

Postal: PO Box 73 Cowes 3922





Do you have a story to tell?

Public Speaking Skills Course

- When?** Mondays 10am – 12 noon 10th July through to 28th August.
- Where?** Carers Victoria and Carer Links West offices, Level 1, 37 Albert Street, Footscray.
- How much?** No charge for members of the Western Region Disability Network Not a member? Join up free of charge.
- Who?** People with a personal experience of disability.
- Why?** So that you can go out and raise community awareness about living with a disability. People who complete this course will form a bank of speakers who will speak to schools, community groups and clubs on behalf of the Western Region Disability Network.
- How?** Contact Eilis Hughes at Maribyrnong City Council for an application form on 9688 0313 or eilis.hughes@maribyrnong.vic.gov.au.

This project is a partnership between Western Region Disability Network, MetroAccess at Maribyrnong City Council, Carers Victoria and Footscray Skyline Toastmasters.

Who Offers What - Services for the Community Sector

Have you ever needed to source disability or aged care equipment? Have you ever needed to contact Legal, Insurance or Fundraising services but not known where to look? Have you needed to get in touch with people in the Building and Trade services, Employment, special needs accommodation? Wanted to get great deals for your organisation?

Launched in February 2006, the WOW (Who Offers What) Guide is a new online service providing a link between Not for Profit and Community organisations and those wishing to offer products, services and special rates to them.

It can put you in touch with the latest special offers and prices on products and services specifically targeted to the Community and Not for Profit sector.

To find out more you can visit www.wowguide.com.au and browse through over 300 companies in a range of 26 categories. And while you're there make sure you subscribe to the free monthly Bulletin (launching soon!) containing all the latest specials and offers. It will keep you on top of all the latest and greatest offers to the community sector.

For further information on using the WOW Guide you can contact Pro Bono Australia on 03 8080 5650 or email epeyton@mahlab.com.

Sourced from Infoxchange Website.

AQA Qualcare - Testimonial

I am a T4 Paraplegic and have been since a car accident in 1986. In early 2002 I was diagnosed with a serious heart problem, which at the time, was said to have cut my life expectancy down to less than 2 years. Before this time I was totally independent.

Now with the help from the team at AQA Qualcare and the carers that they provide me with, I am able to live at home without the need of having to be put into a nursing home. All the carers that I have had over the past 4 plus years have been a great help with getting me up in the mornings and back to bed at night. Even when I have had the occasional stint of being confined to bed, they even turn up in the middle of the day to make sure that I am ok and that I have got my lunch and drinks all under control.

So to the team at AQA Qualcare, I give a hearty thanks for being here for me and helping me to still "literally"

be here. This also comes from my family members who know that without your help and assistance things might have been a lot different.

Best Regards,
David Fullalove



Service Provider for Attendant Care throughout the State of Victoria Attendant care provider to people with a disability who need assistance with personal care and/or day to day activities.

Phone: (03) 9482 4373

qualcare@aqavic.org.au



Saving on Victorian Vehicle Registration Fee

When you don't have any Concession Cards but you have a modified accessible vehicle you are still entitled to a discount on your vehicle registration but you need to get a certificate that proves that your vehicle has been modified.

Once you provide Vic Roads with a modification certificate it will entitle you to register your vehicle under the "EN rate". You don't have to pay the registration part of the fee, the only fee you pay is the TAC Levy. About a \$170 saving.

So, basically produce the modification paperwork or have the vehicle inspected (sighted) at Vic Roads and ask for the EN Rate. If they don't know what you are talking about (*big chance*) then ask to see the manager who should hopefully know what it is, but it should be just a simple five-minute procedure.

Either Health Care Card or Pension Card holders are entitled automatically.

You can also apply for a six-month registration if your vehicle is due for renewal after the 1st of January 2006. This means Vic Roads issue you with a registration every six months instead of every year without charging you any excess fees for the service. To be entitled to get this you need to either hold a Health Care Card or Pension Card, or be an incapacitated person that owns or is transported by their guardians and/or parent in a modified vehicle.

Congratulations No Limits!

Australia's first disability television show has been awarded Best Panel Show at the 2006 Antenna Awards. You can catch No Limits on Melbourne's C31 at 7.30pm Monday nights, or check the guide for Aurora on Foxtel Digital, or the community television station in your capital city.

Transport Accident Commission - Information for People with Disabilities

The Transport Accident Commission (TAC) has developed its website www.tac.vic.gov.au to provide information to clients, families, people with disabilities and service providers on what is available within the local and national community and disability sector to promote inclusiveness, empowerment, support available in the community and availability of information.

It has inspiring personal stories of people with disabilities that have overcome various challenges to get on with their lives again. It also has links to organisations and supports that aim to assist people with disabilities to participate actively and independently in the community.

By clicking the relevant link, people with disabilities, their families and service providers can get the most up to date information on transport and travel, holiday accommodation, dining and access, sport and recreation, rights and responsibilities, education and concessions.

The information is found by clicking on Client Information in the main navigation banner and then clicking on Information for People with Disabilities.

Keeping Diverse Views on the Airwaves

2006 marks the 30 years since 3CR Community Radio has been on air and fighting for social justice. A fertile oasis of diverse and passionate voices, 3CR stands proud and unique in a desolate media landscape.

One of the programs that goes to air every four weeks is "Raising our Voices," a show produced and presented by people with disabilities, covering issues such as housing, discrimination, difficulties with public transport, self-advocacy and other related issues.

The program runs every fourth Wednesday from 6pm. Raising Our Voices is presented by AMIDA (Action for More Independence and Dignity in Accommodation) - if you would like to find out more, call AMIDA on (03) 9650 2722, or email amida@inboxchange.net.au.



Advancing Through Advocacy for Women With Disabilities

Women With Disabilities Australia (WWDA) announces a project to improve the status of women in Australia.

One of the main aims of WWDA is to improve the present low status of women with disabilities in Australia. It is currently being assisted in this through a grant provided under the Commonwealth's Women's Leadership and Development Programme (conducted by the Office for Women in the Department of Family, Community Services & Indigenous Affairs).

This grant funds our 'Advancement through Advocacy for Women With Disabilities' Project.

What WWDA will do:

In the current project, WWDA aims to expand its advocacy capacity by:

- locating and inviting women with disabilities with experience in Systemic Advocacy and Representative work to represent it (and our constituents) on a range of boards, committees and advisory bodies;
- Locating and recruiting women with disabilities who are motivated to acquire such skills, but who need some training and confidence building to take on such work.
- Developing a Register of the talent thus located.

- Developing Guidelines to give both representatives and WWDA clear policies and protocols about each side roles and responsibilities.

WWDA also needs to identify advisory bodies, and develop a Register in strategic areas including:

- Health (including access to national health programmes for breast & cervical screening);
- Housing and Accommodation;
- Violence & Sexual Harassment in the home, the community and the workplace;
- Employment and Income Support;
- Education;
- Disability Support;
- Communications (including Information and Communication Technologies)
- Transport and Access to the Built Environment.

What you can do:

- If you are Convener or Secretariat of an advisory body, community body, Board, Management Committee in any of the above areas – **contact us**.
- If you are a woman with disabilities who can assist, or would like to assist, with systemic advocacy work, **contact us** so that we can contact you when our Advocates Register is ready.

Contact Point: Sue Salthouse, 02 6291 6842, 0411 157 164, or sudata@optusnet.com.au.

You can download the 'Advancing through Advocacy for Women With Disabilities' flyer from our website at www.aqavic.org.au/pdf/wwda.doc.

Sourced from Infoxchange Website.

Free Carer Workshops

A workshop series presented by Barwon Health Respite and Carelink Services, and Carers Victoria. Providing family carers in the Barwon region with an opportunity to take time out and gain valuable information to assist them in their caring role... and to care for themselves.

Workshops take place in various locations during June, July and August. These workshops are for voluntary carers, parents, friends or relatives who provide care to someone who is frail aged, has dementia, a disability, mental illness or terminal illness.

There are four workshops which include;

- Financial Information for Carers
- Caring for Yourself
- Planning for Residential Respite (for carers of people over 65 years)
- Surviving Carer Stress

For further information, please contact Deb Scanlon by phone (03) 5260 3501 or email debbiesc@barwonhealth.org.au.



2006 DWA Camps and Cost

You are invited to apply for Disabled WinterSport Australia's 2006 Alpine Ski Camps. Camps are held in July, August and September.

DWA Membership:

If you are not a current member of Disabled WinterSport Australia you will need to apply for membership by downloading our membership application form from www.disabledwintersport.com.au and return it with the rest of your paperwork, along with 2 passport sized photos, a doctors certificate verifying your disability and payment of \$55. Please contact Paul Gardiner if you can not download the application form.

Staff:

DWA do not provide personal care attendants or nursing staff on camp, if you require assistance with personal care or with administration of medication, please contact them to arrange for an application form for you to bring your personal carer, at your own cost. DWA trained ski guides will be present on camp.

For further details please contact:

Paul Gardner,
Disabled WinterSport Australia.

Email: dwa3@bigpond.com

Mobile: 0414 748 903

Disabled WinterSport Australia,
PO Box 514,
Jindabyne NSW 2627.

Phone: (02) 6450 0200

Fax: (02) 6456 2917

Personalised Lifestyle Assistance Project Conference, 2006

The PLA project believes that all people should have the opportunity to pursue a unique lifestyle that is personally meaningful, relevant & typically intertwined in the community.

This conference aims to challenge the notion that the only way for people with significant needs to gain adequate support is in congregate care arrangements or that innovation only stems from experts. Rather it will show that, with the proper framework & supports, people with significant needs, their families & allies can play a far greater role in creating positive personalised options while utilising similar resources. In many important ways, the examples shared by these people represent the leading edge of what is now being accomplished in the field

It aims to encourage people to see that a range of practical options are possible & real if we can set our imagination & actions towards "what could be" & if we strengthen & support the capacity of ordinary citizens.

Venue: Rydges Hotel, 186 Exhibition St Melbourne, VICTORIA, AUSTRALIA.

Time: Thursday 17th August & Friday 18th August, 2006, 9.00 am – 5.00 pm.

For further information, including costs, please phone: Delia Fisher on (03) 9569 2089 or email: jackieholmes12@optusnet.com.au

Ivan's Custom Made Care Products

Designed, Proven, Made and Used by Quad to Meet Individual Needs - Made From the Best Possible Materials

Wheelchair Push Mits:

- Double Leather, Rubber grip, Adjustable Velcro Strip.
- Can custom make to your requirements. \$80 per pair.

Sheepskin Underlays/Oversize Medical Sheepskins:

- Single and Double Bed Sizes.

Bags:

- Underchair or back of wheelchair.
- Available in Leather or Waterproof Materials.

Kubivent:

- Padding composed of a number of interchangeable small foam Cuboids - firmly held by flexible webbing.
- Available different sizes and thickness. Easy to clean and maintain.

Contact Details:

Name: Ivan Cizmadija

Phone/Fax: (03) 5348 1480

Email: cizmadija156@hn.ozemail.com.au



2006 Re-Connections (Spinal) Conference, Sydney, Darling Harbour

By Anthony Bartl

On Monday 29th May, “Re-Connections” - the follow up to the 2003 “Making Connections” conference was held in Sydney. Leading up to the event my hopes of a worthwhile conference was high. If the 2003 “Making Connections” conference was anything to go by I thought, this sequel would be just as good, if not better! I was secretly hoping a large part of it would report on giant leaps forward being achieved in the quest for a spinal cord cure. But sadly... news of a spinal cure being near at hand never eventuated and to make things even worse, the conference wasn't at all like “Making Connections” which was predominantly about the latest research.

Four years ago this conference ran for three days, a large part showcased the latest in spinal cord research and to top it all off featured a stirring speech by the late Christopher Reeve. It was here that he emphasised the imminent arrival of a spinal cure along with him detailing promising advancements in the latest research being undertaken. To be honest and in hindsight, I think it was more of a thrill back then to see such a prominent personality like Christopher Reeve pushing the cause of research. It was apparent that merely the fact a celebrity had a spinal cord injury and was pro-active in demanding advancements in research would ultimately lead to things speedily progressing. This talk made this conference even more enjoyable!

Instead and very disappointingly, “Re-Connections” ran for just one day. It meant everything had to be crammed into its very limited eight hour running time of 9am-5pm, therefore ensuring the brushing over of all topics. The day began with just 1 hour being allocated to the reporting of current research being carried out and the findings resulting from it. This was reported to the whole audience. Mr. David Prast spoke about his research and it was then onto Dr James Fawcett to talk about his latest developments in spinal cord research. And that was it... there weren't several scientists giving varying accounts of their individual research techniques and

findings (like 2003) but rather two researchers giving a one hour summary of their research. I couldn't believe it! What I had been hoping to hear of a thorough account lasting at least half the conference had been summarised into just one hour! I was very disappointed!

Then it was time to go off to the first of a choice of two sessions relating to spinal cord injury. The choices for this first session included “Rehabilitation”, “Cellular Therapies”, “Neuroinflammation” and “New Technologies for Independence”. I chose to go to the latter, as I thought I'd hear of some great innovations being available and that I had been missing out on. It wasn't the case at all. Disappointingly, what was reported was what I already knew about and were technologies that have been around for awhile. Some of these that were discussed were Environmental Control Units, BlueTooth, Voice Activation, Eye Blink Systems and wheelchairs being operated by head control.

The second session I chose to attend was the “Community Participation Project”. The other choices were “Pain” and “Physical Consequences over the lifespan”. I felt that the “Community Participation Project” would give me more of an insight into what other people with severe disabilities are doing to integrate into their communities more. Once again, this session was like the first in that what was reported on was what I already knew. Services that are already available to people with disabilities were discussed such as community services, respite services, peer support services, preventative health services like bowel/bladder management and a coordinator service to bring them all together.

“Re-Connections” was presented by the Ministry for Science and Medical Research, now part of the Department of State and Regional Development. It is part of the NSW Government's ongoing commitment to fostering research into the care and treatments for spinal cord injury and related conditions. “Re-Connections” built on the success of 2003's “Making Connections” conference where a Spinal Grants program was announced. It still exists today for further research to be carried out into a spinal cord cures.

For anyone wanting further information on the latest spinal cord research go to www.spinalcure.org.au.



Spinal Cord Society

Presidents Report

Dear Members,

2006 has got off to a great start with a weekend set of meetings on the 21st and 22nd January. On the Saturday we had our Scientific Meeting which was a full day with an excellent program.

Dr Doug Brown, Director of the Spinal Unit at the Austin Hospital, spoke about his concerns of the medical and physical fitness of people should they receive a treatment for spinal cord injury. He feels there's a pressing need to investigate the cardiovascular and respiratory function of people, as well as bone and joint strength to see if they can support an increased activity level that would come with spinal cord recovery. It was supported by Professor Mary Galea, who outlined her view of the rehabilitation aspects of spinal injury and a move to get gait facilities at The Royal Talbot. She also gave a report of her work with EpH4 at the Waiter and Eliza Hall Institute.

We were very privileged to have guests from Baylor College Texas. Dr Stephen Davies and his wife Dr Jeanette Davies spoke of their work with type1 astrocytes (a cell line that is present in the spinal cord). In scar, astrocytes produce a number of molecules that stop nerve fibres (axon) 'dead in their tracks'. However not all astrocytes are the same. In normal development some play an essential role in directing and promoting the growth of axons in seeing their targets.

The Davies laboratory has discovered how to convert stem cells into this type of astrocyte and that they will almost completely fill a lesion site, integrate with the surrounding undamaged neural tissue, and eliminate most of the scar formation. In addition, these cells align themselves with an orientation that could be useful for axons attempting to transverse the lesioned region. This work is very encouraging as a viable solution for preventing inhibitory scar after SCI. There is the opportunity for us to develop collaborative studies with the Davis laboratory.

We then had presentations from Dr Kathy Trainedes and Prof Stephen Livesey about the proposed work using donor extracellular matrix to bridge the scar of spinal injury. Detailed documentation has been approved by the management committee. We look forward to see it start and get interim reports.

Dr Giles Plant also gave a summary of the inhibitory problems with spinal cord repair. He exhaustively listed

all the known molecular inhibitors to axon growth. It is somewhat daunting but it seems that there must be common pathways that would simplify the blocking of a good many of them.

Dr Stuart Hodgetts gave a final report on the work that he has done with Giles in Perth. The next stage of work will include Decorin. Decorin is a glycol protein found in most of our tissues that stops scarring. We intend to do our MSC experiments with this added. Marc Ruitenber presented another paper from Perth on the benefits of hyper-baric oxygen on acute injury models. This holds promise for an application to the post-operative period of treatment protocol. We are very pleased to have Dr Jesse Owens attend these meetings. He gave us the benefit of his view that we must push hard for the application of this work to a clinical trial. He identified the use of bone marrow stem cells and some drugs established in clinical use right now. No amount of animal work will ever solve the problem of whether it's going to work in a human. This dilemma has been recently illustrated by the tragic clinical trials in the United Kingdom. This was despite toxicology studies done in rats. So it just doesn't follow that animal studies necessarily translate to humans. Even in primates it still doesn't guarantee that the result will be the same in a human. We will need to take that leap and conduct these treatments in humans, with a combination of those agents already proved and in clinical use.

**Dr George Owen,
President**

Inclinor (stair climber)

Free to good home - "Inclinor" Stair Climber.

Would be suitable for very incomplete para/quad or elderly.

Railing is straight, it goes up 15 steps, perfect working condition, only 2 years old.

Successful applicant would have to pay for installation and organise delivery.

Applications must be made by 21/7/06.

Contact: Peter or Naz (03) 9489 0777
@ AQA Vic Info Department.





Microlighting's New Hero

By Stephen Ruffels



Last year legendary Vinnie Lauwers opened up new territory in the microlight world. He soloed his microlight, which for most of us is a big feat, but if you are paraplegic it's a huge achievement. Most of us take our abilities for granted, it's not until you have the privilege of

meeting these amazing people and helping them to achieve their goals that you realise how, lucky you are. I recently had the opportunity of being involved in the making of one of our new microlighting heroes – Dave Jacka. Why is Dave a hero, because he is the world's first quadriplegic pilot!

On the 14th Feb 2006, Dave entered our ranks when he soloed his microlight. Since then he has achieved his full microlight licence with an added Cross Country endorsement.

How did he do it? He had a dream to fly and that dream eventually drove him all the way to Bright to achieve this incredible feat. Dave came up for a rear Seat Trial instructional flight with me nearly a year ago after seeing microlights at the air show. Some months later Dave contacted me again with a request to go up in the front seat for a flight. Dave's inability to grasp the control bar because of no finger movement posed as our first challenge to controlling the wing. Initially we overcame this obstacle by taping his hands to the control bar, which allowed him to use his biceps for steering control. Obviously this was not ideal but it at least enabled Dave



to fully experience how it felt to be upfront flying the wing. He loved it and started thinking about how he could ultimately control a microlight. Being a qualified engineer, Dave set to work on designing a control bar extension that he could lock his hands into.

In late October Dave came back to me with his new control bar, which we fitted to one of our trikes and away we went. I worked with Dave until he was able to successfully control the trike in Pitch and Roll. In 4 hours of training he was as skillful as any able-bodied student in his ability to produce smooth turns plus straight and level flight.



But we were then faced with our next challenge and had taken it as far as we could go up to that point. How to control the throttle and foot steering whilst flying the wing? I told him what Vinnie had done with John Oliver and suggested he contact them for ideas. In Dave's case he had challenges in

being able to use a twist grip throttle and brake controls. If he wanted to continue he had to bite the bullet and buy his own aircraft, modifying it to his own requirements.

The next step was to develop a practical method of ground handling which had suggested could be done with a simple forward/backward control lever. Also, some form of throttle lever on the control bar.

With the help of a Melbourne engineering firm, Dave worked through different options, finally coming up with an electrically operated throttle actuator that has two buttons to increase or decrease the power. These are built into his modified control bar such that he merely has to brush his hands against the buttons for them to work. It's a really effective means of control.

Like Vinnie, Dave installed a modified go-cart seat with a full harness to support him properly.

During take-off and landing, the castered steering ensures that it will track straight particularly with speed, however at slow speeds the castering of the nosewheel is not so reliable. To overcome this Dave added a self-centering

Continued on next page...



...from previous page

steering spring to ensure that the nose wheel is straight during this slow phase on the ground and just prior to landing.



At the start of the take-off roll, Dave has to take his hand out of the ground control lever and lock them into the control bar posts. So, as long as he starts off straight down the runway the trike will stay straight for take-off. Landings proved to be easier as a lower touch down landing speed is achieved! Finally in early January, Dave bought his modified trike up to test out his modifications.

From an instructors point of view the biggest change was adapting to the different method of ground handling the trike with a push/pull lever - forward to go left, back to go right, this resulted in a couple of exciting moments!

With practice and a few adjustments to the self centering steering spring we got faster and faster, finally hitting full power and taking to the air. From there Dave now had

total control of his aircraft. We both knew that he would be able to eventually go solo.

I personally had the attitude that it would be a slow, steady process to ensure that Dave would acquire the necessary pilot skills however, when Dave came back for a 2 week training block in February he quickly progressed and within 17 hours of his first trial flight he went solo!

To cope with turbulence Dave had constructed special exercise equipment in the form of a simulator A-frame to strengthen his shoulders plus mentally he had been visualising flying and studying his theory, this together with his positive attitude to life helped him progress quickly.



Dave has an entourage of carers that help him with his trike, setting up, fuelling, minor maintenance, plus helping him in and out of the trike which at first was quite difficult until we hit on the idea of removing the front quick pins allowing the wing to tilt up getting the control bar and front mast out of the way.

Dave has a few more ideas and modifications that may allow him one day, to have total independence from having a carer assist him in and out of his trike, which is a small challenge in comparison. Dave's attitude is that if he can be independent in getting in and out of his car then why should he need assistance in and out of his aircraft?

Dave now has a new freedom that for most able-bodied people is just a dream, to fly like an eagle. I'm very proud that he is now one of our Eagle fledglings. He is truly an inspiration and shows that it's all about attitude and that nothing is impossible!





More On Targa Tasmania 2006

By Alan Stevenson

Hi all, further to the article in the last issue of News Link, I would like to take this opportunity to fill you all in about how our Targa entry got started and what motivated me to go ahead with it.

It all started after my nurse/carer Helen Kirkman introduced me to Matric College teacher Chris Berry a couple of years ago. Because of my mechanical background, Chris invited me into his class to help his students with a project in assembling and constructing an Elfin Clubman Sports Car which they were to enter into 2005 Targa Tasmania.

On the completion of the Elfin Clubman Sports Car, Chris and the class asked me to join the team with the entry of the car. It was here where I realised that there were few disabled people involved in Targa and thought it would be a great idea to enter a disabled team. It was further reinforced when I spoke to Targa Official Geoff Rosan who was very supportive of the idea.

When I brought up the idea with Chris Berry, who has competed at a number of Targa Tours, he said that he would help me with the entry process and any direction I needed. He had been suggesting the idea to me on a few occasions previously.

I am a person that thrives on a challenge, if I've been told something cannot be done, this gives me an interest to look further into it and see why it can't be done.

I saw the Targa entry as one of these challenges, and spent many hours sitting, planning and coming up with weird and wonderful ideas to try and see what public interest we could achieve.

I then brought the idea up to Peter Van Benthem and Naz Erdem from AQA Victoria and they told me they would support the cause in any way possible. Our next step was to put in an entry form and chase sponsors. All up it took just on a year to turn this dream into reality, it may have been easier to organize, however we had to prove we were capable of this achievement. The word Quadriplegic is a definite stop sign to some.

For sponsorship I approached businesses I personally knew and had dealt with prior to my injury. I expected 10% to reply and this was reasonably accurate, however it started to snowball as race time approached.

Octagon (the organisers of the event) didn't need to bend any rules just so we could enter. As in the interests of safety, there were rules that we had to adhere to no matter

what. However, by Octagon accepting and assisting us with our entry and agreeing that it was possible, they were already breaking down the barriers surrounding people with disabilities without even knowing it.

The support and recognition we received from finishing the event was overwhelming and still is. We decided to bring a local Doctor with us on a stage and this worked very well in regards to exposure. With the media wanting to come on board it drew more attention to us, SCI and it also helped advertise our sponsors. We were seen on TV, in the local papers and by thousands of spectators.

Setting up the Disabled Kids Drive at Launceston Casino before the official race started was a highlight. We worked in conjunction with the Country Club Resort, local Police, doctors, businesses, and schools, all helping to raise awareness and help break down the barriers. My idea was to bring Targa to those that would have possibly missed out due to their disability. To see the excitement and enjoyment in the young kids eyes was priceless and made the whole years work worthwhile.

I achieved all the goals I set out to do by entering the event, overcoming all known and unknown obstacles and to prove that we could do it.

I would like to take this opportunity to thank the following people. Without their help, our entry into Targa would have been much harder, if not impossible.

A big thank you to;

All at AQA, Bruce McMillan, Craig Hudson, Chris Berry, Helen Kirkman, Jason Cowling, Nick and Matthew Summers, John Shea, Phil Atkins, Geoff Rosan and all our sponsors that helped make this all possible.

If you have an idea, even if it may sound silly, it could make people stand up and take notice or break down any barriers and create awareness. Give it a go as you may surprise yourself and have wonderful time as I did.

SCI Team Targa is entered in the 2007 Tour, and hopefully we can do it bigger and better for all concerned.





Name: Pradeep Hewavitharana

Age: 40 years of age.

Disability & Level: T4 – T6 incomplete spinal injury.

Are you Married/Single? Separated (Single parent).

Do you have children? Two (11 year old daughter and 12 years old son).

How did you acquire your disability? Year?

1999. After work when I was on my way home, a person was crossing the road and I tried to save them but at the same time my scooter went to topple over. I ended up bringing the scooter back into position but I couldn't get my head back in time and the side of a passing van hit my head. My helmet broke and I fell over onto the road. I went into spinal shock and the lack of first aid made a big impact to my injury.

What is your living situation?

I am now living in a modified (wheelchair accessible) public house in Dandenong. This house is very good and helps me to live independently. I am living with my two young children. My kids help out a lot and we share the house work. I also drive and this makes it very easy to help me with my day to day living.

Your Survival Tip for others?

Please try to keep yourself busy and every single moment you get try to be positive. Don't keep or hide your pain, please try to talk to others to get release. Try to understand what life is – I get heaps from Buddhism.

What has been your most embarrassing moment since you have been using a wheelchair for mobility?

I went for a job interview in Collins Street and the building didn't have a disabled toilet on the 12th floor. The interview process went for 3 hours and I was feeling really nervous then I ended up having a mild bladder accident. Luckily I wore a full black suit and no one could see what had happened. My cushion also helped out by absorbing most of the urine.

Your greatest achievement?

In 2003 I migrated to Australia and at the same time I separated with my wife. To date this was the most difficult situation of my life. I was a full time single parent with two young children in new country. I had to stop my job searching and adjust to the situation. During this time I also changed from being a courier to an accountant. I got my Advance Diploma in Accountancy from Dandenong TAFE. Within these two years my kids never missed a day at school. I feel as if I am one of the happiest Australian citizens as I have finally been able to keep track of my life. Without the disabled facilities Australia offers I would not have been able to achieve my goals.

What do you do with your time?

I do house work, shopping, cooking, driving, part time work and voluntary work. I spend most of the time with my kids. I am a good motivator and I do some counseling work over the phone for my friends. I also surf the Internet and chat with disabled friends. Helping with my children's work means I don't have a time to think about myself. However, I am happy to talk and motivate any disabled person within my busy schedule.

Why did you choose to live in Country/City? (Draw backs/Positives)

City life is easier for disabled people because of the close contact with other people, you don't feel as lonely. I am able to do more things in the city without help from others such as shopping and going to the hospitals. You're also able to find more disabled facilities in city area than in the country side

Your best holiday spot and why?

Phillip Island is my best place as there is a good wheelchair ramp and access to the beach. I haven't traveled much in Australia but I would like to

What food do you like best?

Yes, that's a good question for me. I like my Asian hot curries and people are always saying CURRY IN HURRY.

If money was no object what would you buy/do?

In my religion of Buddhism it teaches us the middle path of life. I am able to control myself for money. If I got large amount of money I would buy a disabled accessible house and share the remainder with other disabled people so I can put a smile on their faces.

Do you have an internet site you would recommend?

www.youareable.com and www.disabledunited.com



Home Business Lifestyle For Sale

Alvina, Phillip Island

Accessible cottages near the sea. These 3 superb purpose built 2 bedroom cottages are set on 15 beautiful acres of prime land. There is ample room for more cottages (subject to the sympathetic Bass council approval guidelines). The thought, expense, planning and the environment has given so much pleasure to so many (you should read the outstanding references!)

Other features include a modern 3/4 bedroom home with 2 bathrooms and large living areas, a small office plus a fully accessible self-contained one bed apartment.

Also there is substantial shedding, garaging, huge covered bbq area, livestock, paddocks, games room and separate spa room and so much more.

All in excellent condition and substantial forward bookings.

Expressions of interest by 6th September 2006.

Contact Details:

Mobile: 0418 306 588 Geoff Buck

Mobile: 0419 337 441 Greg Price
(Alex Scott & Co. Phillip Island)



Address: Lot 9, Ventnor Road
Ventnor Victoria 3922

Postal address: PO Box 531
Cowes Victoria 3922

- Two fully self-contained, spacious, 2 bedroom cottages set on 15 acres near Ventnor Beach
- Purpose built wheelchair accessible - Mobility aids available (incl. Hoist & Shower/commode chair)
- Personal care available
- Air conditioning, heater, TV, VCR, stereo, books, videos & board games

Phone: (03) 5956 8416 **Fax:** (03) 5956 8413
Mobile: 0417 104 051
Email: info@alvina.com.au
Website: www.alvina.com.au

Dynamic Wheelchairs

Address:

Unit 17, 14-26 Audsley Street
Clayton Victoria 3168

Postal address:

PO Box 4081
Mulgrave Victoria 3170



Suspension Chair

- largest range of custom lightweight manual wheelchairs
- imported - quickie, invacare
- locally manufactured by – A-1 mobility
- for quality, comfort, style and strength
- folding, rigid and suspension frames (over 15 models to choose from)
- children to adults
- individually measured & highly adjustable
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Seating products

- experienced suppliers of: jay, roho, invacare
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- sports wheelchairs & recreation equipment



Folding Chair

For further information contact:

Mike De Santo

Tel: (03) 9548 8400

Fax: (03) 9548 8411

Email: dynamicw@hotmail.net.au



Seen My Wife?

Two guys are pushing their shopping trolleys around the supermarket on a lazy Sunday afternoon when they suddenly collide.

The first guy says to the second guy, "Sorry about that. I'm looking for my wife, I guess I wasn't paying attention to where I was going".

The second guy says, "That's OK. It's a coincidence. I'm looking for my wife too. I can't find her anywhere and I'm getting a little frustrated".

The first guy says, "Well, maybe we can help each other! What does your wife look like"?

The second guy says, "Well, she is 27 yrs old, tall, with blonde hair, blue eyes, big breasts and is wearing short shorts and a tank top. What does your wife look like"?

The first guy says, "Doesn't matter – let's look for yours."

The Centipede

This guy was lonely and so he decided life would be more fun if he had a pet. So he went to the pet store and told the owner that he wanted to buy an unusual pet.

After some discussion, he finally bought a centipede (100-legged bug), which came in a little white box to use for his house. He took the box back home, found a good location for the box, and decided he would start off by taking his new pet to the bar to have a drink. So he asked the centipede in the box, "Would you like to go to Frank's with me and have a beer"?

But there was no answer from his new pet.

This bothered him a bit, but he waited a few minutes and then asked him again, "How about going to the bar and having a drink with me.

But again, there was no answer from his new friend and pet.

So he waited a few minutes more, thinking about the situation.

He decided to ask him one more time; this time putting his face up against the centipede's house and shouting, "Hey, in there! Would you like to go to Frank's place and have a drink with me?"

A little voice came out of the box; "Hang on, I heard you the first time! I'm putting my shoes on!"

It Wasn't Me...

Chinese walks into a bar in America late one night and he saw Steven Spielberg. As he was a great fan of his movies, he rushes over to him, and asks for his autograph.

Instead, Spielberg gives him a slap and says, "You Chinese people bombed our Pearl Harbour, get outta here."

The astonished Chinese man replied, "It was not the Chinese who bombed your Pearl Harbour, it was the Japanese".

"Chinese, Japanese, Taiwanese, you're all the same," replied Spielberg.

In return, the Chinese gives Spielberg a slap and says, "You sank the Titanic, my forefathers were on that ship."

Shocked, Spielberg replies, "It was the iceberg that sank the ship, not me."

The Chinese replies, "Iceberg, Spielberg, Carlsberg, you're all the same."

Where Are the Shovels?

An Italian, a Scotsman, and a Chinese fellow are hired at a construction site.

The foreman points to a huge pile of sand and says to the Italian guy, "You're in charge of sweeping." To the Scotsman, he says, "You're in charge of shoveling." And to the Chinese guy, "You're in charge of supplies."

The foreman then shrugs his beefy shoulders and says, "Now, I have to leave for a little while. I expect you guys to make a good dent in that pile of sand by the time I get back."

A few hours later when the foreman returns, he sees that the pile of sand is still untouched.

Pointing to the pile of sand, the foreman says to the Italian, "Why didn't you sweep any of it?"

The Italian replies in a heavy accent, "I no gotta broom. You tella the Chinesea guy he inna charge of a supplies, but hea disappeara, and I coulda no finda him!"

Then the foreman turns to the Scotsman and asks, "Didn't I tell you to shovel that sand?"

The Scotsman replies in his heavy brogue, "Aye, ye did, laddie, but I couldna get meself a shovel. Ye left the Chinee in charge of supplies, but I couldna find him!"

The foreman is really angry now and storms off toward the pile of sand, looking for the Chinese guy.

Just then, the Chinese guy springs out from behind the pile of sand and yells, "SUPPLIES!"

CLASSIFIEDS

For Sale

Spectre Electric Wheelchair

Power elevating legs rests, tilt in space seat, recline backrest, articulated suspension, elec attendant control. 3yr old, 1 month use, as new condition, cost \$9054

Price: \$6,000 ono, must sell
Phone: 51579115 or 0407 566 761 Sarah (5/6#a)

Electric Wheelchair

Rollerchair Navigator electric wheelchair with 5 forward speeds, one reverse and it tilts back for pressure relief or going down hills. Very comfortable seat with adjustable headrest and footplates. Twin batteries for long range use, includes charger and front tray for reading, eating etc. Excellent condition.

Price: \$4,900 ono
Phone: (03) 9878 3249 Gary
Email: madge@alphalink.com.au (4/6#a)

Pressure care chair

3 years old, whole chair tilts including back, originally paid \$2,800.

Price: \$300
Phone: 9397 4744 Mike (4/6#a)

Electric Wheelchair

Very comfortable - racing style seat back, gel cushion. tilt and recline, adjustable foot rests & new rear tyres. Good condition, photo can be emailed.

Price: \$3,000ono
Contact: Gail (Watsonia)
Mobile: 0403 674 487
Email: gailboelens@phillipsfox.com (4/6#a)

17" quicki TNT manual wheelchair

Brand new frame, frog leg casters, colour purple and plack, the whole chair is quick release. Comes with back support, side clothes guards, under chair net, wheelie bars, push handles. This chair is in good condition u wont be dissapointment. Paid \$2500

Price: \$1,600 ono
Mobile: 0410481315 Shaun (11/5#a)

For Sale

Pride Ultimate Electric Scooter

18 months old. Complete with flag, carry bag & basket. Red in colour. Would suit new buyer. Excellent condition. Paid \$4,500

Price: \$2,000 ono
Phone: 9742 0888 Sharleyne (Hoppers Crossing)
Mobile: 0414 363 254 (2/6#a)

Transender Electric Wheelchair

Can Climb Steps. Wheels adapt to all types of terrain and reclines. Very good condition but needs new battery.

Price: \$1,000 ono
Phone: 9467 3313 Angelo (2/6#a)

Fisher Paykel Electric Wheelchair

Harrier model electric wheelchair, very good condition, 7 years old, left or right hand control.

Price: \$800 ono
Phone: (03) 5765 2244 Graham Wangaratta (2/6#a)

Electric Wheelchair

Rollerchair Navigator electric wheelchair with 5 forward speeds, one reverse and it tilts back for pressure relief or going down hills. Very comfortable seat with adjustable headrest and footplates. Twin batteries for long range use, includes charger and feeding tray. Excellent condition

Price: \$5,300 ono
Phone: (03) 9878 3249 Gary Allsop
Email: madge@alphalink.com.au

Commode Chair

Grey steel frame, Adjustable height, Grey vinyl seat & back.

Price: \$75 ono
Phone: 9876 9692 Robert (Ringwood) (2/6#a)

Mobility Plus Sport Tennis w/chair (Manual)

18 x 13 (wide, high), 18 months old. Can email pictures if wanted, phone first please.

Price: \$2,000 ono
Phone: 5722 9889 Christine (2/6#a)

CLASSIFIEDS

For Sale

Karma KP40 Electric Wheelchair

Karma KP40, powerful electric wheelchair with complete set, extra key to lock, mobile phone charger, speedo meter, VGC, cost \$7000. Just had new tyres and serviced. Will sell at any acceptable price.

Price: \$500 ono
Phone: (03) 9822 2232 or 0411 716 816 Ty (9/5#a)

Lightweight Foldable Electric Wheelchair

Good for elderly person, This wheelchair is easy to fold-up & light to lift into boot of vehicle.

Price: \$350 ono
Phone: 9822 2232 or 0411 716 816 Ty (9/5/1#a)

Wheelchair Electric Jazzy 1121

Fully optional with charger, switch jacks, swing away joy stick mounts, buddy button control, high back with 18" headrest with Velcro pad attachments, 30 degree tilt seating, pressure cushion. Adult chair, 10 months warranty left, 14 months old, manufacture year 2005 excellent condition, color champagne, cost \$9,600.

Price: \$7,000
Phone: 9376 0537 (Claudia)

Wheelchair Manual

Lightweight folding 45cm. Blue/Silver colour with adjustable leg rest and extra diffuser cushion. Adult chair, year of manufacture April 03, excellent condition.

Price: \$600 **Contact:** Claudia King
Phone: 9376 0537 **Mobile:** 0429 680 195

For Sale

Manual Wheelchair

Titianiam, folding seat, seat size 16"x16", back size 18.5"x 16, removable footplates, wheel guards' needs upholstery & some bolts ? This wheelchair is a little old and needs a little repair, but apart from that it would suit someone fine.

free to go to a good home

Contact: Peter or Naz (03) 9489 0777
@ AQA Vic Info Department. (5/06#a)

Roho Cushion

High Profile; 9 x 8, hardly been used; with pump.

Price: \$250 ono
Phone: (03) 9467 3313 Angelo (2/6#a)

Wanted

Tilt Table

As the title says wanted tilt table. email me if you can help at hoppy80@bigpond.com, Thank you (6/6#an)

Hand Bike

looking for a hand bike to work my hands, no home made job please.

Message me for a chat on rustynai@hotmail.com

Thank you (8/5#a)

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Post this form and the \$5 fee to : **AQA Victoria Ltd., PO Box 219, FAIRFIELD 3078**

CLASSIFIEDS

For Sale

VW Caravelle Van

White in colour, 1995 model, 150,000 km's, auto, electric windows, wheelchair ramp from the side, seats 6 people plus wheelchair, very clean inside and out, very reliable, always serviced.

Price: \$22,000

Contact: Tony on 0413 319 400 Glenroy (6/06#a)

Auslift hydrolic hoist

340 kg capacity, designed internally for van.

Mobile: 0412 531 547 Sylvester (6/6#a)

House 4 sale, Blossom Park (Mill Park)

Totally Accessible for electric wheelchair. 37sq meter house, Single story 3 Bedroom + Study, Ensuite with Spa, Family Room, Rumpus room, Swimming pool, Double garage and another single garage, 2 Bathrooms. Close to school & Bus stop.

Price: \$400,000

Phone: (03) 9436 9403 or 0413 733 137 Annaetta (4/6#an)

2003 Freewheeler Combo

Features:Low kms, Silver, Automatic transmission, Air-con, Air bags, Keyless entry, User friendly wheelchair loading system, Accommodates up to 3 passengers + wheelchair passenger. Perfect for those that need a wheelchair accessible vehicle, but don't want to drive a big van. Very economical. Registered till Sept '06.

Price: \$37,500

Mobile: 0437 889 785 Cherie (4/6#a)

2000 model Chrysler Voyager

Excellent condition. Navigation System, 10 stack CD Player, 43,000ms. Self drive wheelchair accessible vehicle, no need to transfer into driver's seat. Vehicle has been modified by the best "Capital Special Vehicles". Cost \$140,000+ new. Vehicle has many Chrysler options with many more options fitted by Capital Special Vehicle to make driving & loading easier for a Quad. too many option to mention! Save thousands of new car price.

Price: \$70,000

Mobile: 0418 302 453 or 0418 302 453

Contact: Rod to chat further on (5/06#an)

For Sale

1987 Toyota Camry Ultima

Top of range when purchase new (cost \$40,000 in 1987), 2000cc motor, Green sedan, 12 month rego, RWC, Hand Control(can be taken of), full electric's, 170,000kms, alarm, Keyless entry, cruse control, many more options. Car is garaged and in very good condition.

Price: \$3,000 ono

Phone: (03) 9822 2232 or 0411 716 816 - Ty (2/06#an)

Zoom 4 Pride Scooter

4 wheeled Scooter, red and grey, new - used for only 500 metres, very light 13 kg, 12 months guarantee, cost \$3,500 new.

Price: \$1,800 ono

Phone: (03) 9369 7660 Margaret (4/6#an)

Exterme 4x4 all terrain electric wheelchair

Magic Mobility genuine 4 wheel drive wheelchair. This chair will allow you to go virtually anywhere. Come and try before you buy, on the beach at my house at Werribee South. Current new cost over \$11,000.

Price: \$4,500 ono

Phone: (03)8742 0252 Ian (2/6#an)

CRG 2003 go kart

High performance electric start rotax watercooled engine, temp,tacho lap time computer magnesium wheels, 40mm axil, hydraulik brakes,trolley. This is a extremely fast machine & is ready to race or just take to local track with your mates & get a real adrenilan rush. Has very user friendly hand controls . 1 came 3rd with this kart at oran park recently in my first race against seasoned racers(legs not required in this sport I will set kart up to suit buyers size & weight. Located & can be test driven in sydney . I can organise transport to vic if required.

Price: \$5,000

Phone: 0429 475 786 Andrew (4/6#a)

... More Classifieds on page 18 & 19

You can also find the most up to date classifieds on our forum page <http://www.aqavic.org.au/forum/>