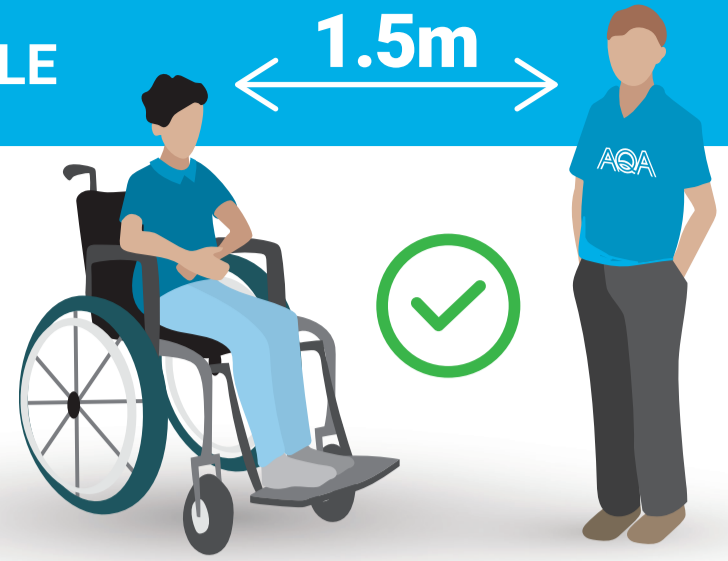




STAY 1.5M APART AS MUCH AS POSSIBLE



# DELIVERING CARE DURING COVID-19

CLIENT HOMES ARE ALSO WORKPLACES

PPE IS THE RESPONSIBILITY OF THE CLIENT

15 mins



Limit close contact such as personal care to 15 minutes each episode

2 hours



Limit time in the same room to 2 hours



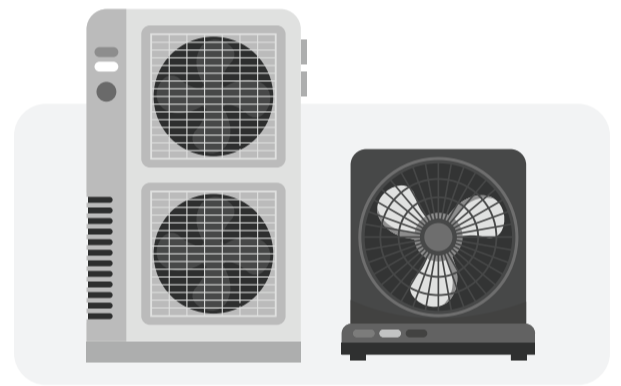
Others in client households should be in another room



The best way you can protect yourself from influenza, is to get the vaccine.



Frequently clean high-touch surfaces like handrails and doorknobs



Increase ventilation by opening windows or adjusting aircon

## PRACTISE GOOD HYGIENE



Wash your hands often with soap and water (or hand sanitiser), including when you start your shift, before preparing food, after eating and after going to the bathroom.



Gloves should be worn for usual activities such as bowel care, showering and dressing.



Avoid touching your face; in particular, your eyes, nose and mouth.



Cover your coughs and sneezes into your elbow or a tissue. Discard of any tissues immediately.

## CLIENTS WITH SYMPTOMS



You **MUST** wear a face mask in the presence of a support worker if you have cold or flu symptoms.

If you have tested positive for, or have been in close contact with a confirmed case of COVID-19, you **MUST** seek medical advice and alert AQA Victoria immediately.

## SUPPORT WORKERS



If you have, or are developing cold or flu symptoms, **DO NOT COME TO WORK**. Seek medical advice and contact AQA Victoria as soon as possible.

If you have tested positive for, or have been in close contact with a confirmed case of COVID-19, follow medical advice and **DO NOT COME TO WORK**.